



SureHope Counseling & Training Center

*INTRODUCING NEW COUNSELOR

SureHope Counseling & Training Center wants to welcome Debra Martin to the team. Debra will be the main child/adolescent counselor for the Matthews location. We are happy to have Debra a part of the team! Learn more about Debra here:

[Debra Martin](#)

<http://www.surehopecounseling.com>

*We wish you a very happy, healthy and safe summer! May this summer include increased self-care, decrease of stress a multitude of fun times!

SUMMER HAPPENINGS

DBT Skills Training Groups

DBT Skills Training groups are being offered at both the North Charlotte and Matthews location by Cynthia Morris. For more information about these groups contact Cynthia directly at 704-565-9843 or cynthia@surehopecounseling.com

Online Counseling

Need greater flexibility with appointments? For certain types of counseling online counseling is now available. For more information contact Kelly Saylor directly at

980-272-8180 or kelly@surehopecounseling.com

Free Gift

For more information about groups, intensives and all the services offered go to our website! Here is a free gift from the SureHope team! We hope you enjoy!

SureHope Writings