

Personality Belief Questionnaire Scoring Key

Patient Name: _____ Date: _____

					Criterion Group Z-scores	
PBQ Scale		Raw Score		Z-score	Patients with corresponding PD	Patients with no PD
Avoidant	Sum of items 1-14	=_____	(Raw score - 18.8)/10.9	=_____	.62	-.69
Dependent	Sum of items 15-28	=_____	(Raw score – 18.0)/11.8	=_____	.83	-.49
Passive-Aggressive	Sum of items 29-42	=_____	(Raw score – 19.3)/10.5	=_____	No data	-.38
Obsessive-Compulsive	Sum of items 43-56	=_____	(Raw score – 22.7)/11.5	=_____	.31	-.51
Antisocial	Sum of items 57-70	=_____	(Raw score – 9.3)/6.8	=_____	.31	-.18
Narcissistic	Sum of items 71-84	=_____	(Raw score – 10.0)/7.6	=_____	1.10	-.38
Histrionic	Sum of items 85-98	=_____	(Raw score – 14.0)/9.3	=_____	No data	-.29
Schizoid	Sum of items 99-112	=_____	(Raw score – 16.3)/8.6	=_____	No data	-.14
Paranoid	Sum of items 113-126	=_____	(Raw score – 14.6)/11.3	=_____	.51	-.55
Borderline	Sum items 4, 9, 13, 15, 16, 18, 27, 60, 97, 113, 116, 119, 125, and 126	=_____	(Raw score – 15.8)/10.5	=_____	.77	-.65

Note: Z-scores are based on a sample of 756 psychiatric outpatients with mixed diagnoses.

Beck, A. T., Butler, A. C., Brown, G. K., Dahslgaard, K. K., Newman, C. F., & Beck, J. S. (2001). Dysfunctional beliefs discriminate personality disorders. *Behavioral Research and Therapy*, 39, 1213-1225.

Butler, A. C., Brown, G. K., Beck, A. T., & Grisham, J. R. (2002). Assessment of dysfunctional beliefs in borderline personality disorder. *Behavioral Research and Therapy*, 40(1), 1231-1240.