**CORE VALUES**

1. In the first column, place a checkmark next to the 10 values that are most important to you.
2. In the second column, prioritize the ten in order of importance (1 being the most important).
3. In the third column, determine the percentage of time you demonstrate this value in your life.

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| --- | --- | --- | --- | --- |
| **VALUE** | **DEFINITION** | **Check 10** | **Prioritize****1-10** | **%**  |
| **Wealth** | Abundance of valuable resources, material possessions, money, financial independence |  |  |  |
| **Happiness** | Content with self and with life |  |  |  |
| **Success** | Achieve significant goals, recognition, fame |  |  |  |
| **Relationships** | Strong, mutual, respectful heart connections with others  |  |  |  |
| **Fame** | Recognition as someone special by large numbers of people |  |  |  |
| **Authenticity** | Fully present, real without preconceived notions  |  |  |  |
| **Influence** | Have an effect on the character, development or behavior of someone or something |  |  |  |
| **Power** | Authority given or delegated that influences others |  |  |  |
| **Justice** | Equitable, fair behavior or treatment |  |  |  |
| **Loyalty** | Commitment, allegiance, support to a person or a cause  |  |  |  |
| **Integrity** | Honest, strong moral principles that one lives by and stands up for  |  |  |  |
| **Leadership** | Motivate, energize, influence others to identify and accomplish tasks  |  |  |  |
| **Recognition** | Acknowledgement, appreciation, respect for specific contributions  |  |  |  |
| **Family** | Deep relational involvement and commitment to those related to you  |  |  |  |
| **Community**  | Involvement and commitment to a group whose purpose is larger and beyond self |  |  |  |
| **Spirituality** | Connection and relationship with the Divine, religious beliefs |  |  |  |
| **Love** | Profound, passionate, tender affection for others |  |  |  |
| **Truth** | Discernment of fact from fiction |  |  |  |
| **Status/Prestige** | Recognized, well known in a chosen field |  |  |  |
| **Wisdom** | Integration of knowledge, experience, common sense and insight |  |  |  |
| **Respect** | High regard, admiration, value and worth |  |  |  |
| **Responsibility** | Accountable, reliable, trustworthy, authority, duty  |  |  |  |
| **Courtesy** | Considerate, polite, kind, manners |  |  |  |
| **Creativity** | Innovative, come up with something new |  |  |  |
| **Health** | Physically and mentally fit |  |  |  |
| **Service** | Contribute to the well-being and satisfaction of others who need help, improve society |  |  |  |
| **Independence** | Freedom of thought, action, outside control or support |  |  |  |
| **Adventure** | Exciting, risky undertakings/experiences |  |  |  |
| **Hope** | Expectation, desire of positive outcome, optimism |  |  |  |
| **Faith** | Trust, confidence, belief in deity, person, things doctrine/beliefs of a religion |  |  |  |
| **Education** | Knowledge, learning, skills, enlighten, instruction |  |  |  |
| **Amusement** | Humorous, entertaining events/situations associated with fun, pleasure enjoyment |  |  |  |