**Narcissistic Personality Disorder Overview**

**Links**

[Narcissistic Personality Disorder: Symptoms, Causes, Help (helpguide.org)](https://www.helpguide.org/articles/mental-disorders/narcissistic-personality-disorder.htm)

**Treatment Plan**

\*Recommend “The Personality Disorders” Treatment Planner – Wiley – 2nd Ed.

**Types**

\*The unprincipled narcissist who tends to be fraudulent, deceptive and exploitative.

\*The compensatory narcissist who exhibits avoidant behaviors and passive aggressive features.

**Overview (must have 5):**

\*Exaggerates

\*Fantasy preoccupation

\*Status preoccupation

\*Seeks admiration, praise

\*Sense of entitlement

\*Exploitive

\*Lacks empathy

\*Envious

\*Arrogant

**Reminders**

Cluster B – with Antisocial, Borderline, Narcissistic, Histrionic

Cluster B- focus on increasing safety for them to admit the behavior

Narcissist’s are competitive

**Books**

**\*Antisocial, Borderline, Narcissistic and Histrionic Workbook: Treatment Strategies for Cluster B Personality Disorders**

https://a.co/d/208rmov

\*Next month Histrionic Personality Disorder

\*<https://www.chuckdegroat.net/narcissism-in-the-chair> Christian resource

\* Becoming the Narcissist's Nightmare: How to Devalue and Discard the Narcissist While Supplying Yourself <https://a.co/d/9mMywYu>